

2024 Weiss Wolves Cheer Captain Application

Dear Cheerleader Captain Candidate:

We are very excited that you are considering trying out for this position(s). We want to make sure that you understand what it means to be a Captain and what is expected of you. Please read through this information carefully and make sure you are completely devoted and up the task before continuing on this journey. Please go over this information with your parents/guardians as well to ensure that they are willing and able to support you in this endeavor. It is important to look at yourself and analyze the reason you want to become a captain. You must want more than the title of captain. Keep these requirements in mind as you make your decision.

- That Captains and coaches will work as a cohesive team.
- You must support the coaches, whether you agree with them or not. We will turn to you for your feedback and opinion, but you must remember that final decisions are made by the coach.
- You will dedicate additional time before and after practice, during summer and throughout the school year.
- You must maintain exemplary grades, attendance, and behavior.
- You must be a role model to your team and peers. Lead by example.
- Being a leader inside and outside of school and practice is non-negotiable. It takes much longer to build or repair a reputation than it takes to destroy it.
- You should be an outstanding performer and strive to grow in your cheer abilities and techniques.
- You must be able to treat everyone fairly and equally, putting the needs of the team and what is right first, above yourself and friendships.
- You must be able to critique and guide your teammates with compassion and respect.

As you consider the above information, please keep in mind: Not everyone trying out for captain will make captain. We expect you to handle this in a mature manner. You are a valuable team member and can serve in other areas. We are proud that you are considering serving your team.

- I understand that I will have additional obligations and responsibilities. I will be expected to be self disciplined.
- I will be fair and equal to all team members, give directions, and set an example for my teammates.
- I understand that I will be expected to attend captain meetings and will be required to do additional work outside of practice time.
- I understand that more will be expected of me than of a regular squad member. I am willing to give what it takes to be an exceptional captain.
- I understand that my coach has the right to discipline me for falling short of the expectations and not completing duties as assigned. This may include dismissal from the captain position.

- I understand that outside activities or a job may not interfere with my obligations as a captain.
- I understand that I am expected to attend ALL cheer events and activities.
- I understand that I am a leader for my team, but the coaches will make the final decisions. I will support the coaches at all times and accept their decision with or without explanation.
- I understand that as a captain I will be an ambassador for the cheer program and Pflugerville ISD. I will accept this responsibility with pride, dedication, and enthusiasm. This means I must set an example in and out of school and cheerleading activities.

Captain Responsibilities

- Commitment to being at all events and activities.
- Arrive early and be prepared. A captain should be the first one to arrive and the last one to leave.
- Willingness to create choreography, formations, and pep rally routines as needed.
- Lead practice - have squad stretched and warmed up for practices, games, and events
- Post reminders for squad (what to wear, times, and locations)
- Make sure the squad is productive and on task in a respectful manner.
- You must get the crowd engaged and make sure there are no dead times.
- Encourage and initiate hard work ethic, good attitude, responsibility, etc.
- Encourage the squad to stay positive, enthusiastic, and energetic.
- Be the liaison between the squad and the coaches.
- Keep the coach updated on problems, concerns, and ideas of the squad members.

Co-Captain Responsibilities

- Assist Head Captain in their responsibilities (your duties may include any and all of Head Captain's Duties)
- Prepare to take the Place of Head Captain, should they be out for any reason

Social Captain (Varsity Only)

- Ensure that cheerleaders are signed up and participate in school events (Festivals, open house, etc.)
- Collaborate with Student Council events and community service outreach
- Help lead practice - have squad stretched and warmed up for practices, games, events
- Plan and organize team bonding events for both JV and Varsity (to include multiple events with *both* teams in attendance)
- Coordinate Elementary and Middle Visits
- Prepare to take the Place of Co-Captain, should they be out for any reason

The above list includes some but not all responsibilities of the captains. Additional duties may be assigned by the cheer coaches as needed.

Being a captain is a rewarding and fulfilling responsibility. In signing this form, I make a commitment to my team, my coaches, and myself to accept the position graciously and fulfill all obligations assigned. I am expected to serve a complete one year term. I also understand that a second term is not guaranteed.

Cheerleading Captain Criteria

- Personal Interview with UCA Judges - Candidates will be asked to respond to 2-3 questions during the interview process. Ex. What is your best attribute? Why is it important for a cheerleader to be an excellent role model for their peers and younger students (elementary/middle school)? Ect.
- Cheer Tryout Score
- Essay - Each Candidate will need to write an essay. The essay should be at least 1 page long (typed, 12pt Arial font). Please include how you would handle attitudes and team issues; pep rally ideas; team building ideas; what makes you a good candidate for captain; and what is a new idea you would like to implement in the cheer program?
 - Please keep in mind that you are NOT limited to only the listed items. You may add additional information to your essay.
 - Essay is due by March 27, 2024
- Four Teacher Recommendations completed by March 22, 2024

I HAVE READ AND UNDERSTAND ALL ADDITIONAL OBLIGATIONS AND RESPONSIBILITIES THAT WILL BE EXPECTED AS A CAPTAIN.

CHEER CAPTAIN APPLICATION ACKNOWLEDGEMENT

PLEASE SIGN AND RETURN

Candidate Name: _____

Candidate Signature: _____

Date: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

Administrator Signature: _____

Date: _____

APPLICATIONS DUE BY MARCH 22, 2024